Chaux Talk
Advocating for the Health and Well-Being of Children
September - October - November 2013

Celebrating 60 Years of Support for
Rady Children's Hospital-San Diego

North County Unit Members
Rady Children’s Hospital Auxiliary Mission Statement

“To work in partnership with Rady Children’s Hospital-San Diego and to support its mission through: advocating for the health and well-being of children; increasing community awareness of Rady Children’s; and fundraising.”

Once again U.S. News and World Report has named Rady Children’s Hospital among the top children’s hospitals in the nation in all ten pediatric specialties it surveyed. With more than 200 hospitals in the United States, these rankings place Rady Children’s among the nation’s elite.

- Cancer
- Cardiology
- Diabetes and Endocrinology
- Gastroenterology
- Neonatology
- Nephrology
- Neurology and Neurosurgery
- Orthopedics
- Pulmonology
- Urology

It seems like I was just wishing everyone a wonderful summer and I am already welcoming you back for the 2013-2014 year! I hope it was an enjoyable and relaxing time for all of you.

Here at the Auxiliary office our usual “slow” months went by especially quickly because of the many changes that occurred. Stephen Jennings, the new Senior Vice President and Executive Director of Rady Children’s Hospital Foundation came on board in July. Those of you who attended the Annual Meeting in June got to meet Steve. We can look forward to his strong support for the Auxiliary. Also in July, Vivienne Adibi decided to pursue her real estate career and left the Auxiliary staff after five years. While we are sorry to see her leave, she has already said she plans on again becoming an Auxiliary member! Stepping in as an interim position is Rebecca Robinson. Rebecca is a former Foundation employee and has an impressive resume. Her past experience made the transition an easy one. The Temecula Unit felt a name change would encourage people in surrounding areas to join and changed its name to the more inclusive “Inland Empire.” August brought smiles to all of us when staff member Sara Moten went on maternity leave to welcome her baby daughter. Congratulations to Sara and Dad Davis! We look forward to Sara’s January return with lots of baby pictures!

Summertime was also busy for several units that continued to meet and plan their fall events. Be sure to check the calendar to see the exciting fundraisers that are scheduled.

We ended the year at our Annual Meeting with a delightful fashion show featuring our own lovely members and their friends as models. Check out the photos and Edith Smith’s article. Thanks to the generosity of many of our members, designations to the Auxiliary’s Diamond Anniversary Fund are already at $477,000 and counting!

Highlighting our end of year Designation of Funds, Sharla Coyle, the Auxiliary Treasurer and I signed a check for $1,500,000. We presented it to the hospital in a ceremony, ringing a bell celebrating our gift. Both of us were awed to put our signatures to such a considerable amount! A breakdown of the departments gifted is in this issue.

“Make a Difference-Bring a Dollar!” Get ready for Kids’ NewsDay on October 22nd. Mary Reynolds and Susan Atkins have been hard at work to make this year especially successful. This is always a great day that not only raises funds, but advocates for the hospital. Community involvement led by the Auxiliary has made KND grow and become a tradition in San Diego.

Join me on October 5th at the annual Shamu & You Walk. It would be great if you could join the Auxiliary team for our walk. However, if you are unable to make it in person, you can always be a virtual walker. Family and friends are welcome as well. There are many activities for the kids, including a stroll through SeaWorld.

I am excited to start my second year as president. Last year was very fulfilling and I know this year will be as well. I hope to see all of you at the Semi-Annual meeting, during unit visits and my favorite—your delightful events!

Harriet Bossenbroek, President
Rady Children’s Hospital Auxiliary
Greetings from Steve Jennings

Dear Auxilians,

As the new Executive Director for the Rady Children’s Hospital Foundation, I am thrilled and honored to partner with the prestigious Rady Children’s Hospital Auxiliary. Congratulations on celebrating 60 years of caring!

On one of my first visits to Rady Children’s Hospital-San Diego, I had the privilege of sitting down with Auxiliary President Harriet Bossenbrock. I clearly recall Harriet looking at me very intently and asking, “If you take on this role, how do you see working with the Auxiliary?” I responded without hesitation that I would continue to support the amazing work of the Auxilians however I could, and that an important role of the Foundation is to be a support mechanism for our most ardent and generous supporters.

While I have only been in my new role a month, I am experiencing and seeing things daily at the Hospital that are confirming what I already knew to be true — what the doctors, nurses, researchers and staff do at the Hospital is nothing short of miraculous. And the dedication, hard work and commitment of the Rady Children’s Hospital Auxiliary help make this possible.

To give of your time and resources to ensure the health and well-being of children has to be one of the most rewarding things we can do as members of a community, and you have all proven your dedication to this mission. For that I thank and applaud you.

My wife, Faith, my 4-year-old daughter Chloe and I are all excited to be part of the Rady Children’s Hospital family. I look forward to working with the Auxiliary and meeting more of you in the future.

Sincerely,

[Signature]

Flu Season is Coming…
Is the Flu Vaccine a Good Idea for Your Family?

Yes, the flu vaccine is, indeed, a good idea for families! The flu shot does not cause the flu, and it keeps kids and parents from getting sick. Getting the flu is worse than having a cold and can make a person sick for a week or more. The Center for Disease Control and Prevention (CDC) recommends a flu vaccine for everyone six months of age and older. But it’s especially important for people in the following high-risk groups to be vaccinated:

- All kids six months to four years old
- Anyone 65 years and older
- Women who will be pregnant during the flu season
- Anyone with a weakened immune system from medication or illness
- Residents of long-term care facilities, such as nursing homes
- Any child or adult with chronic medical conditions such as asthma
- Kids or teens who take aspirin regularly and are at risk for developing Reye’s Syndrome
- Health care personnel who have direct contact with patients
- Caregivers or household contacts of anyone in a high-risk group (e.g. children under the age of six months)
- Native Americans and Alaskan Natives

Flu season runs from October to May, but it’s best to get your flu shot early in the season, as it gives the body a chance to build up immunity to or protection from the flu.

Source: www.rchsd.org
Education/Advocacy Corner

Learn First-Hand About What Is Going on at Rady Children’s Hospital…

Some exciting speakers, topics and tours are being planned for the 2013-2014 monthly Education Meetings. Remember that not only are the Unit Education and Advocacy Representatives invited, but we also welcome any other members interested in the topics. The more Auxiliaries who have a chance to learn first-hand about what is going on at Rady Children’s, the more we can advocate for the hospital! Due to the busy schedules of the physicians or others who give presentations, note that the exact topic, speaker and location are often not confirmed until close to the meeting date each month. Be sure to check with your unit reps to verify the details.

The September meeting was presented by Dr. Jane Burns, Director of the Kawasaki Disease Clinic at RCHSD (as well as Clinic Director and Co-Chief, Division of Allergy, Immunology & Rheumatology, and Professor of Pediatrics, UCSD). The Clinic treats more than 80 new patients yearly, and follows the health status of more than 1,200 children in San Diego. Kawasaki disease, which is characterized by blood vessel inflammation throughout the body and generally affects children under five years of age, can be treated effectively. If caught within the first ten days of the symptoms, coronary artery damage can generally be prevented. For much more information about the disease and its symptoms, be sure to get the report from your unit reps and/or visit the hospital website, www.rchsd.org.

I look forward to seeing many of you at our meetings this year!

Lynne Lurie - Education/Advocacy Vice President

Auxiliary Hospital Liaisons Support Patient Families at Rady Children’s Hospital

Welcome back everyone! I hope you had a relaxing summer! I am so excited to be continuing as your Hospital Liaison again this year. The unit liaisons did a great job last year supporting the families at Rady Children’s Hospital, and I am looking forward to working with the incoming liaisons.

New procedures have come from the hospital over the summer and will be discussed in detail at the Hospital Unit Liaison Meeting on September 17th at 10:00 am in the ACP Basement. Please be sure that if your hospital liaison is unable attend, you have someone to come in her place.

First, brown bags will no longer be delivered to Volunteer Services. We will now be dropping them off at the shipping/receiving department. The good news is there will be more room to store the bags, so we are no longer limited to 40 bags.

Second, magazines, blankets, booties, caps, toys and books will be delivered to Belinda Lanois, In-Kind Coordinator, 858-966-8161. Belinda is located in the same Bungalow #18 as Volunteer Services where these items have been dropped off for years. However, Volunteer Services will no longer receive these items, and they must be delivered to Belinda in Bungalow #18 on Mondays only from 12:00 noon to 2:00 pm. These are big changes from prior years, but I hope you will continue to support these programs and embrace the new, streamlined delivery procedures.

We will be doing a holiday decorations purge prior to our actual decorating day at the hospital. Units have been slowly downsizing their decorations, and we may be at the point where the Auxiliary doesn’t need its second storage unit and can save a little money. Your liaison will get a date for holiday decorating at our unit liaison meeting.

Laura Stearn - Hospital Liaison

Coming this Holiday Season...

**FANTASY ON ICE**

**Opening Night:**
November 21, 2013

**Tree Lighting:**
December 4, 2013

**Family Skate Day:**
December 7, 2013

(in partnership with KPBS)

225 Broadway
Adjacent to Horton Plaza

**Adults:** $14
**Children (under 12):** $12
**Season Passes:** $35 (unlimited skating)

Open Daily through January 5, 2014
10:00 am – 10:00 pm

Check out the Fantasy on Ice Facebook page for fun activities throughout the skating season and spread the word. The rink is available for corporate team building, holiday skate parties, birthday parties, Scout troops and youth skating sessions.

For information about ice-skating, please visit our website at www.sdice.com. For information about groups and parties, visit www.sdice.com/horton.

Kathleen Caffo & Heather Wolff
Fantasy on Ice Co-Chairs
The Kids’ NewsDay (KND) Committee has been hard at work all summer with some exciting new twists on this 36-year traditional Auxiliary-wide event. Kids’ NewsDay is scheduled for October 22nd and we are hoping for big support from all of the units. From presales, to sponsorship, to getting everyone out to sell, this is our chance to support the hospital as one, united Auxiliary. Kids’ NewsDay is as much about advocating for Rady Children’s Hospital-San Diego as it is about raising money. KND Chairs Susan Atkins and Mary Reynolds have set a goal to raise $155,000, which correlates to the 155,000 children served each year at Rady Children’s Hospital. Please put on your yellow aprons and give Kids’ NewsDay all of your support! Check with your Kids’ NewDay unit rep for all of the ways you can get involved on October 22nd.

Susan Atkins & Mary Reynolds
2013 Kids’ NewsDay Chairs

Rady Children’s Hospital-San Diego
Shamu & You Family Walk

Saturday, October 5, 2013 – 7:30 a.m.
Help Kids-One Step at a Time. Join the CHAUX WALKers!

You are invited to join the Auxiliary’s walk team for a fun morning at SeaWorld with your friends, family and co-workers. All of the Auxiliary’s team donations and registrations will benefit the Diamond Anniversary Fund that supports Child Life Services at Rady Children’s.

Even if you can’t walk with us on October 5th, you can still register as a virtual walker!

Joining the CHAUX WALKers is as easy as 1-2-3!

1. Register online at www.shamuandyouwalk.kintera.org/CHAUXWALKers Make sure that you join CHAUX WALKers!
2. Invite your friends, family and co-workers to join the team!
3. Fundraise to help kids even more! Fundraisers receive prizes and Kite Club members receive extra special perks.

After the Walk, celebrate at the Auxiliary tent with fun activities and cool prizes. For more information call the Auxiliary office at 858-966-5887, or ask our Team Captain Harriet Bossenbroek.
Membership Corner

Over 1,200 men and women worked together last year to support the Rady Children’s Hospital Auxiliary's mission. This includes 754 active members who attended monthly meetings and 420 supporting members who participated in unit and Auxiliary events. 100 people also have the special title of friend, honorary or emeritus Auxiliary members.

Each year approximately 100 men and women make a commitment to the Auxiliary by becoming new members. Our membership includes mothers, daughters, sisters and business associates. Many lifelong friendships have been formed by people who have served together in the Auxiliary.

I am honored to serve as the Membership Vice President of this amazing organization whose members have committed to serve the needs of children, and I look forward to working with the membership reps from each unit.

Please join me in also welcoming Penny Rich, member of the North County Unit, who will serve as New Unit Coordinator this year and Rosalie Quadri Mellish, of the Fuerte Hills unit. Rosalie will serve as a committee member and will help perspective new members find the right unit fit.

Unit membership reps please mark your calendars for these important meetings:

**Membership Reps Fall Meeting**
We will review renewals, recruitment and member retention at this meeting on September 24th at 9:30 am in the Plaza West Conference Room.

**New Member Orientations**
Wednesday, October 16th, 6:30-8:30 pm, in Dining Rooms A, B & C adjacent to the Cafeteria, or Friday, October 18th, 9:30-11:30 am in MOB #113

Attendance at one of the New Member Orientations is required for all new members or those who would like to review the Auxiliary and hospital history and mission. A hospital tour will follow each meeting.

Jeanie Scott - Membership Vice President

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### Rady Children’s Hospital Auxiliary 2012-2013
### Designation of Funds

Thank you for all your hard work and efforts, which will help to provide needed care and services to the kids in our community!

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asthma</td>
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<tr>
<td>Audiology Department</td>
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<tr>
<td>Autism Discovery Institute</td>
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<td>Bernardy Center</td>
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<tr>
<td>Child Life Services</td>
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<tr>
<td>Craniofacial Program</td>
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<tr>
<td>Dermatology/Scar Revision</td>
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<tr>
<td>Peckham Center</td>
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**Total** $1,554,124

The figures above represent cash contributions from Auxiliary units and other funds raised by Auxiliary-wide events and projects. This amount does not include restricted gifts deposited with the Foundation and attributed to the Auxiliary.
Auxiliary Member Connie Conrad

One of our very own Del Cerro Unit members, Connie Conrad, was recently named Grossmont Hospital Foundation’s 2013 Volunteer of Distinction and has been honored by the Salvation Army as a “Woman of Dedication!”

Connie is a longtime East County resident. She served on the Grossmont Hospital Foundation Gala Committee for eleven years. As Gala event chair for the past eight years, she helped raise over two million dollars. She is also chair of the Foundation’s capital campaign.

The quality of life in East County has greatly improved as a direct result of Connie’s tireless efforts to raise funds to build a new YMCA in Rancho San Diego where children can go after school to feel safe. Connie also chairs events for Vista Hill Foundation and the USS Midway. Our Del Cerro Unit thinks this extraordinary woman can do anything! We are grateful for her experience and her direction, but most of all for her kindness and generosity.

Congratulations Connie—we love you!

Submitted by Kim Emerson
Auxiliary Celebrates 60 Years of Serving the Children of San Diego

In June 2013, Rady Children’s Hospital Auxiliary celebrated its 60 Year Diamond Anniversary! What a tremendous milestone for each and every member of the Auxiliary, past and present. Our Annual Meeting on June 5, 2013, started with a lovely cocktail hour featuring live music by the amazing Benedetti Trio. Our members enjoyed the beautiful display of Auxiliary scrapbook pages, pulled together for everyone’s enjoyment by the wonderfully creative Cheryl Steinholt, and continued to make new memories in front of the camera in our fun and festive photo booth, generously donated by Arnel Garcia of Colors of Life Photography.

As the ballroom doors opened, guests enjoyed a display of elegant white orchids cascading over mirrored centerpieces with shimmering floating candles. Our teal accents were the perfect backdrop to all the glitter and shine! The theme was “diamonds” after all, and each guest went home with a lovely diamond paperweight to commemorate the event. Speakers, including Harriet Bossenbroek, Auxiliary President 2012-2014 and Kathleen Sellick, Rady Children’s Hospital President and CEO, highlighted the many accomplishments of Rady Children’s Hospital over the past 60 years. We were delighted to be introduced to Steve Jennings, Senior Vice President and Executive Director, Rady Children’s Hospital Foundation. No Annual Meeting is complete without the yearly review video featuring our dedicated membership. Thank you to Cheryl Steinholt and Annette Fargo for the walk down memory lane. It was wonderful!

For your entertainment, we enlisted three award-winning boutiques to produce a fashion show where you saw the latest on-trend looks by Fairen Del, TRE Boutiques, and Sheriden, along with Sophia and Chloe Jewelry, for the most versatile and stunning clothing and accessories San Diego has to offer. DJ Todd Murphy set the tone with fun and energetic “diamond themed” music and a light show on either side of the runway that made us all feel like we were at Fashion Week! But, by far, the icing on the celebration was seeing nine fellow Auxilians and six friends of the Auxiliary strut their stuff on the runway. Ladies, you put on a spectacular show! Thank you for representing your units, giving a good portion of your evening, and for being the best models in San Diego!

Our event would not have been nearly as successful without the generous donations from all our vendors. From the music to the photography to the hair, make-up, clothing, and accessories for the fashion show, to the time, talents, and creativity of the Foundation staff and our many Auxiliary volunteers, I am awestruck by the generosity of our community and our members. I would like to give special thanks to the entire Board of Directors for their support and help in making the Annual Meeting spectacular. Thank you!

Edith Smith
Special Events Director, 2012-2013
Auxiliary members and selected photos from the Diamond Anniversary Celebration - June 5, 2013

Colors of Life photography booth

The Benedetti Trio

Auxiliary Unit Memory Board
All Diamond Anniversary photos are credited to Arnel Garcia. The Auxiliary thanks Arnel for his ongoing support for the Rady Children’s Hospital Auxiliary.

Fashion Show Models—Auxiliary Members and Friends
September

11 – Unit Council
9:30 am/Plaza Suite 200

12 – Education Meeting
9:00 am/ACP Basement

17 – Hospital Liaisons
10:00 am/ACP Basement

23 – Ways & Means Workshop
9:00 am/Plaza Suite 200

24 – Membership Reps
9:30 am/West Conf. Room

25 – Executive Committee
9:30 am/West Conf. Room

26 – Kids’ NewsDay Reps
9:00 am/Plaza Suite 200

27 – Treasurers’ Workshop
9:30 am/MOB 113

October

2 – Auxiliary Board Retreat
10:30 am/Dave and Busters

3 – Kids’ NewsDay Reps
9:30 am/Suite 200

3 – Education Meeting
9:30 am/MOB 113

5 – South East Cluster Unit
“Jazz & Jeans”
4:00 pm/Berkeley Ferryboat

5 – Shamu & You Family Walk
7:30 am/SeaWorld

7 – Fantasy on Ice Reps
10:00 am/MOB 113

8 – Rancho Santa Fe Unit Golf Tournament
1:00 pm/The Crosby

November

4 – Kids’ NewsDay Thank You Brunch
10:00 am/MOB 113

6 – Semi-Annual Meeting
9:30 am/Marriott Mission Valley

December

4 – Board Meeting
9:30 am/TBD

4 – Fantasy on Ice “Tree Lighting”
5:30 pm/Horton Square

7 – North County Unit
“Winter Fantasy”
10:30 am/Shadowridge Country Club

ACP = Acute Care Pavilion, Hospital Campus
MOB = Medical Office Building, Hospital Campus
WCR = West Conference Room, 5th Floor, Plaza Building
Alpine Unit

The Alpine Unit had its first meeting in August, and we’re busy getting ready for our two fall fundraisers.

Our Cornucopia fundraiser will be held on Saturday, November 23rd. Brenda Landini will again lead participants in creating beautiful cornucopia centerpieces for their Thanksgiving tables. You may choose to do a morning or afternoon class. Our Christmas Birdhouse fundraiser will be held on Saturday, December 14th. We will be offering a class like the one we do for the cornucopias. You will have a chance to assemble your birdhouse centerpiece under Brenda’s leadership in a morning class. You might also like to sign up for the afternoon class where you can put together a matching candle centerpiece for your dining room table.

If you are interested in one or both of these fundraisers, you may contact Debbie Sakarias at dskarias@cox.net for further details or to sign up.

We are looking forward to a fun and productive year while helping the children of San Diego County!

Debbie Sakarias

Carmel Valley

The ladies of the Carmel Valley Unit of Rady Children’s Hospital Auxiliary have had a busy summer! We’re excited to announce that after a brief hiatus, we’re bringing back our popular concert event—“Sounds of Hope for Children.” This will mark our first outdoor concert, which we’re calling “Under the Stars,” and will benefit Rady Children’s Neonatal Intensive Care Unit (NICU) at Scripps Encinitas—Expansion Project. This amazing evening will include dinner, cocktails and a stage show by award winning artist Mat Kearney. Please join us on Saturday, October 12, 2013, when Mat Kearney performs his honest, heartfelt and hypnotic music, “Under the Stars” at San Diego’s newest performance venue, the Illumina Amphitheatre. Attendees will be among the first in San Diego to attend a concert at this contemporary, state-of-the-art concert site. This unique event is sure to make you move your feet, warm your heart and put a smile on your face. Tickets are $150 per person. For more information, see our ad in this issue of Chaux Talk.

Edith Smith
Unit News

Coronado Unit

Coronado Unit’s wine auction on June 15 at the bayside home of Ann Goodfellow capped a fun-filled spring, following the unit’s founding last February. Members brought two identical bottles of wine each; one for tasting and the other to auction, with starting bids slightly below the purchase price for each bottle. Delicious hors d’oeuvres, most prepared by hostesses Ann Goodfellow and her daughter Amy Wray, were set amid floral displays by Karen Knudsen. Sports reporter John Weisbarth, the auctioneer, amped up the bidding, assisted by the Coronado Unit’s own “Vanna White” (aka Cathy Brown).

The wine auction will provide some of the seed funding for the unit’s first big out-unit event to be held next March at the Hotel del Coronado. Watch for details in the December/January/February, 2013-2014, issue of Chaux Talk!

Kris Grant

Dana Unit

Dana Unit members gathered in August for some summer fun at a Happy Hour/Plant Exchange at the home of Kathy Hurder-Lauderbach. This was a low stress party; members were encouraged to buy their libation or appetizer from the store on the way to the party. If they didn’t have a plant for the plant exchange, there was an opportunity to break off a piece of succulent from Kathy’s front yard to claim as their own. This just-for-fun get together featured an opportunity drawing for four fabulous succulent centerpieces created by Dana’s own Debbi Greaves. Because it is always a good idea for people other than members to donate to the cause, Dana members invited friends and neighbors to attend. Members are looking forward to our traditional September meeting/eating at Debbi’s house where we will have another opportunity drawing for some select items left over from the April Garden Boutique. We hope all Auxilians had a playful summer.

Pam Caldwell
Del Cerro Unit

Fall is just around the corner and the Del Cerro Unit is working, with great enthusiasm I might add, towards our big event on October 12th. We can hardly believe that it’s only a month away! Save-the-Dates have been mailed, vendors secured, donor requests solicited and our crafty ladies are working around the clock to assemble all the amazing items for our own boutique at Fall Fantasy.

Our monthly meetings continue to enlist, inspire, and entice our remarkable women in many ways, some that we don’t often realize immediately. Lively conversations lead to new ideas. We regularly invite guest speakers, including a Pampered Chef representative (look for that spectacular basket at our event!) and a Pilates instructor (who will help us all maintain our “schoolgirl figures”) in order to provide new avenues for us to have fun as we continue to focus on our goals.

On a side note, I personally wanted to extend my gratitude to all those who participated in the Annual Meeting this year, especially the models! While I was apprehensive at first to be a part of the runway experience, the “behind-the-scenes” adventure (and believe me, it really was!) helped to create and solidify some pretty incredible relationships. I look forward to spending quality time with all the new friends that I’ve made from various units around the county. What an inspirational community of women we belong to, one that helps in creating a place of “hope and healing for hundreds of kids every day!!” Let us all continue to concentrate on the opportunities that remain abundant, while embracing our commitment to help the kids.

Happy Fall Everyone! — Kim Emerson

Del Mar Unit

With summer just around the corner, the air smelled of fresh blooms and aged oak as hundreds of beautiful people attended the 52nd Annual “Heard it through the Grapevine” Food, Beer and Wine Taste. Barrel$ of money were raised for the Sam S. and Rose Stein Emergency Care Department. Morrison & Forrester and CareFusion were vital contributors to the success of the event. Much needed funds were earmarked for a Simulation Mannequin and ultrasound machine. Wine enthusiasts sampled vintages from many wineries including Bianchi, Paso Robles and Delicato Family Vineyards. Local brews from Stone, Aztec and Coronado Brewing Companies were served along with hors d’oeuvres, as notable Auctioneer Clint Bell worked his magic during the LIVE auction. Bidders were tempted with a stay at the luxurious Rancho Valencia Resort or a VIP dinner with the heroic Del Mar firemen. Event Chairs Grace Evans and Melinda Tucker thanked attendees for their generosity and vowed to chair it again next year.

Thanks to Jan Smith and Farryl Moore, our remarkable membership chairs. We have grown and flourished with your care. We celebrated at Davanti-Enoteca, where it was standing room only; quite fun meeting new members and creating new friendships.

Watch out for our Marching Mermaid team at the Shamu & You Family Walk at SeaWorld. We are so very proud to have Mary Reynolds and Susan Atkins chairing the 24th Annual U-T Kids’ NewsDay. We are looking forward to supporting Mary and Susan, Kids’ NewsDay and all the Auxiliary-wide and unit events this year.

Annette Fargo
Unit News

Fuerte Hills

We are back together after a summer off, geared up and ready to go. Our unit enjoyed our June end-of-the-year party where we each brought a new toy to donate to the hospital. Our Unit Chair Sharon Nisleit was able to deliver a carload of toys to a grateful staff.

Many of us attended the Annual Meeting. It was so good to see a fashion show with smiling models, who actually looked happy to be wearing fabulous clothes.

This September we welcomed new members during a dinner at Nina Scott’s country home. It was a great chance to catch up on what we did over the summer. Kids’ NewsDay representatives Rosalie Quadri Mellish and Shara Stadler have us all ready to sell, sell, sell. Co-chairs Kathy Rookus, Karie Thurman and Sandy McMillan are already hard at work on our spring Sweet Charity fundraiser. These girls did not take the summer off. The event is scheduled for April 23, 2014.

What I learned since June: Summers are shorter than they used to be.

Carol Brown

Inland Empire

Back to school is such a fun and exciting time of year, and us Mommies from the Inland Empire Unit have already shed our happy tears and kissed our children goodbye. That excitement only continues for us as we gear up for all the exciting and fun changes that are sure to come our way this coming 2013-2014 year.

We are so excited to announce that we have changed our name from the Temecula Unit to the Inland Empire Unit, and that is just the beginning for us. We are planning a "New Member Mixer" for October and will once again send a team of walkers to the "Shamu & You Family Walk for Rady Children’s Hospital".

If you have any friends in the Inland Empire area and think they would like to join our Unit, please let them know that we are accepting new members and would love to have them.

Allie Hamlin
La Playa Unit

The La Playa Unit is thrilled to announce that the 18th Annual Celebration of Champions held on May 18, 2013, was a roaring success! Rady Children’s pediatric cancer patients and their families enjoyed a day filled with laughter, smiles and sweet memories. We enjoyed a glorious sunny day at the Embarcadero honoring those patients in treatment, celebrating those enjoying good health, and remembering the dear ones who have passed away. The “Circle of Life” ceremony and release of white balloons was an emotional and beautiful moment.

The passing of the torches with celebrities and Champions running and laughing together, cheered on by the masses, is an inspiring sight. Picnic lunches, sweet snacks, live music and a carnival rounded out the day.

The La Playa Unit would like to thank all our fellow units for their sponsorship and their fantastic carnival booths and arts and crafts stations. We wish to express our deepest gratitude to all our sponsors and volunteers whose contributions were vital to making this day a success. Our proceeds will benefit the psychosocial programs at the Peckham Center for Cancer and Blood Disorders and will ease the burdens of many patient families as they navigate a very difficult time in their lives.

The La Playa Unit closed the year with a lovely luncheon at the San Diego Yacht Club and welcomed our new Chair Marleen Shook and her new Board. We look forward to a new year filled with hard work and much camaraderie and laughter!

June Olcott

Mountain View Unit

Once again Mountain View Unit had a great time at the Celebration of Champions carnival booth. Fishing for stickers was enjoyed by all ages. It was great fun for our members to interact with the children and to support Rady Children’s Hospital.

It seemed as if the summer flew by and we ended it with an informal gathering to reconnect with our members. We shared our summer activities and introduced some potential members to our unit.

Our official year started with our September meeting led by Gelia Cook. Each year our members support the Shamu & You Family Walk and Kids’ NewsDay. A special event our unit supports is Shop Under the Stars. This will be held at the Carlsbad Premium Outlets on Monday, November 4th from 5:00 to 9:00 pm. The cost is $30.00 and all proceeds from the tickets sold by our unit will be donated to Rady Children’s Hospital. The ticket includes hors d’oeuvres, a glass of wine, lots of store savings and gift items. Contact Gelia Cook at dngcook@cox.net for ticket information.

We look forward to our next meeting and to planning the wonderful, exciting year ahead!

Brenda Clark
Unit News

North Coast Unit

Thanks to Teresa Leitstein for hosting another great New Member Tea for the North Coast Unit. Hopefully, this year’s new members will be inspired by last year’s group, which has taken on a number of leadership positions. In particular, we are thankful to Jessica Berg and Michelle Johnson for stepping up in May to become our event co-chairs for the coming year.

Thanks to their work with the board this summer, we are extremely excited to announce that the North Coast Unit will be hosting the 2nd Annual Spa La La! Please join us on Friday, October 11th at 5:00 pm for a night of shopping and relaxation at the La Costa Resort and Spa. We have reserved the spa for the entire evening. Mingle with friends while shopping and enjoying the light spa fare. Mini spa treatments will be provided, as well as full access to the spa facilities. We hope to see you all there for a fun start to the fall.

Coleen Young

North County Unit

After a relaxing summer break, the September meeting was called to order by our new President Kathy Broach. It was an exciting and very informative meeting outlining the upcoming events for our unit as well as other Auxiliary units. There were opportunities to sign up for various committees, projects and events. Old friends and new members met and mingled, and enthusiasm was abundant for our fall and winter projects.

The first of these will be our in-unit fundraiser Oktoberfest, which will be held this year at the lovely Valley Center home of Dan and Ileana Paul. It is always a great evening of greeting old friends, new members, spouses and neighbors; and enjoying the “brats,” beer and music that celebrate the theme. Altogether a memorable evening, and the opportunity drawings to support Rady Children’s Hospital are part of the fun.

Next will come the event that is our main focus—our 32nd Annual Holiday Luncheon, “Winter Fantasy,” to be held on Saturday, December 7th, at the Shadowridge Country Club. Event Chair Lucy Johnson and assorted elves have been working since last summer to create the Boutique for which this event has become known. Gifts, decorative pieces, trees, wreaths and more, plus an added attraction this year, the “Epicurean Delight” section. Who can resist? The Silent Auction is always popular and will feature a variety of items.

As always, we strive to make a beneficial and generous donation to Rady Children’s Hospital at the end of the day. Please join us — it will be a wonderful and festive way to begin the Holiday Season.

Nancy Baldry

Presidio Unit

The fall season is always a time for new beginnings and planning for the year. Presidio Unit has been busy with ideas for our fundraising event, a luncheon and Fashion Show by Chico’s to be held in February, 2014, at the Coronado Golf Club. Our Ways and Means Chairs Linda Rains and Helena Sturgill are full of creative and fun ideas. Our event will be a great way to benefit Child Life Services at Rady Children’s Hospital. We have already filled several tables and we are hoping to see members from other units at our fashion show and luncheon.

Our first meeting of the year is always fun because we get to hear how everyone spent the summer. Grandchildren were the major topic, lots of bragging and sharing of pictures. Helena Sturgill shared pictures of her Medical Mission to Cuba, and Verna Zopfi told us about her cruise adventure to the Land of the Midnight Sun.

We are still talking about our in-house fundraiser at the beautiful home and garden of Joyce Knott. We learned about planting succulents from Stephanie Wilson of the Southeast Cluster Unit. Our beautiful plants are thriving and are wonderful mementos of a fun afternoon.

The women of Presidio Unit are exceptional. We all love being together and supporting Rady Children’s Hospital.

Linda Gillett
Scripps Ranch Unit

Social Chairs Yvette Gilman and Rebecca Flynn hosted a very elegant “White” party for our Unit’s End-of-the-Year celebration that was held in the backyard of unit member Dana Walters, complete with a white cloud backdrop view. Our members all dressed in white and created beautiful “white” centerpieces for the tables. It wasn’t possible to award a prize for the most creative one because they were all extraordinarily designed and unique. It was a fun evening and a great way to end a successful year and start the summer break! Thank you to our outgoing Unit Chair Nancy Fleischman and Chair-Elect Kathy Steinhouse for a phenomenal year. We all look forward to an equally successful coming year under the leadership of Chair Kathy Steinhouse and Chair-Elect Mary Rea.

Our unit kicked off the coming year with a Welcome Back potluck dinner prior to our September meeting, traditionally hosted by the incoming Unit Board of Officers. We welcomed back our members after the summer break and welcomed prospective new members attending their first unit meeting to see firsthand what an Auxiliary membership entails before deciding to become a unit member.

Marilyn Tobin and Yvette Gilman kept busy during the summer months planning our fundraiser, another Oktoberfest ‘California Style’ including a BBQ, beer tasting, music and auction on October 19th. The proceeds this year will benefit the Neonatal Intensive Care Unit of Rady Children’s Hospital. Please join us and see our flyer for the details.

Nancy Fleischman

Rancho Bernardo Unit

As a fitting ending to the Auxiliary year, we had a lovely luncheon at the Country Club of Rancho Bernardo. We invited two special guests, Marileen Ryder and Susan Smothers from Cal-Western Reconveyance. We honored them for their continued support of our Poinsettia fundraiser over the past 17 years. We wouldn’t be raising the funds we do without the support of our community and we felt it was important to say so.

We thank everyone who has supported us in the past, and hope all the Auxiliary members will keep our poinsettias in mind as they plan their Christmas decorating and gift giving. We will be sending out order forms in October with a November 15th deadline for orders. Poinsettia will be available the first week in December. Proceeds will again be going to the Helen Bernardy Center.

Our poinsettias are florist quality. I still have one on my front porch, growing new foliage, but still retaining the red flowers of last Christmas. As you can see we are enthusiastic about our plants and, we hope you will be, too!

Marcia Clingman
Southeast Cluster Unit

Take Note!

It’s time for Southeast Cluster Unit’s (SECU) second annual Jazz & Jeans fundraiser benefitting Rady Children’s Hospital Neonatal Intensive Care Unit (NICU). Event Chair Geraldine Williams is very excited, “This year promises to be an evening of music, fun and fellowship. Our committees are working hard to make this an event you won’t forget.” SECU’s new Chair Deborah Huggins added, “This is a great opportunity to have fun while contributing to the advanced technology used to assist the infants and their families. We hope you will all join us.”

We’re going to jazz it up for Rady Children’s, so put on your favorite pair of jeans, some dancing shoes and meet us on the Steam Ferry Berkeley at the Maritime Museum on Saturday, October 5, 4:00 to 7:00 pm.

Carolyn Smith

Tierrasanta Unit

The new season started out with a lot of laughter at our summer Board Retreat. Co-Chairs Marian Johns and Lynne Lurie opened the meeting with a group session of “Laughter Yoga.” Facilitated by Christiana Donovan, it was a great way to energize the group for an evening of planning. Did you know that ten minutes of laughter burns the same number of calories as 30 minutes of rowing?!

But, it’s not all fun & games.... Led by Lorraine Fisk and Marina Dion, the unit has been hard at work planning our biggest fundraiser of the year, Breakfast with Santa. The newly remodeled Ascension Catholic Church on Clairemont Mesa Boulevard will provide the festive atmosphere again this year, while the Knights of Columbus will prepare a delicious and hearty breakfast of pancakes, eggs, bacon and sausage. The true highlights, though, are all the wonderful activities for the kids including story time, arts and crafts, and, of course, meeting Santa. The parents will say, however, the highlight of the event is the silent auction! Save the date for this family fun-filled event on Saturday morning, December 7th. Look for more details and reservation information to come.

Our unit has grown by leaps and bounds! We’d like to welcome our newest members Judy Lash and Jaci Toth! Lastly, we’d like to congratulate Myeshia Abdul-Hakeem and her husband Bilal who welcomed their 2nd daughter in June.

Rowena Treitler
THE CARMEL VALLEY UNIT OF
RAY CHILDREN’S HOSPITAL AUXILIARY
PRESENTS

SOUNDS OF HOPE FOR CHILDREN
BENEFITING
RAY CHILDREN’S NEONATAL INTENSIVE
CARE UNIT (NICU) AT SCRIPPS ENCINITAS
EXPANSION PROJECT

SATURDAY, OCTOBER 12, 2013 ★ 6:30 P.M.
$150/PERSON

AT THE BRAND-NEW
ILLUMINA AMPHITHEATER
5200 ILLUMINA WAY ★ SAN DIEGO, CA 92122

COCKTAILS ★ DINNER ★ AUCTION
CONCERT UNDER THE STARS
FEATURING

MAT KEARNEY

Contact us at ESMITH@RJH.COM or
858-491-0221 for further information

The North County Unit of
Rady Children’s Hospital Auxiliary
Invites you to attend our

32nd Annual Holiday Luncheon
“Winter Fantasy”
Saturday, December 7, 2013
Check-in: 10:30 a.m. - Luncheon: 12:00 p.m.

Shadowridge Country Club
Holiday Boutique • Epicurean Delights featuring homemade delicacies
SILENT AUCTION • OPPORTUNITY PRIZE DRAWINGS
Donation: $45.00 per person
Deadline for reservations: November 25 or until sold out

For more information contact Marilyn Herde (760) 743-8028 or
Lucy Johnson (760) 741-2000, lucyjohnson@skyglobal.net

Rady Children’s Hospital Auxiliary
Proceeds to purchase a Telemedicine Robot
for Rady Children’s Hospital
Unit Events

Scripps Ranch Unit of Rady Children’s Hospital Auxiliary Presents

OKTOBERFEST

Saturday, October 19, 2013
6:00pm - 10:00pm
$60 per person

Scripps Ranch Swim & Racquet Club

Proceeds to Benefit the NICU at Rady Children’s Hospital - San Diego

Marilyn Tobin - marfranktobin@gmail.com or Yvette Gilman - miss.priss@att.net to buy tickets or for further information

Please Decorate This Christmas With The Rancho Bernardo Unit’s FLORIST QUALITY POINSETTIAS

Proceeds to benefit Rady Children’s Hospital’s Helen Bernardy Center

available for order in October

Contact Tammy Young, 858-451-2088, for more information
It's Jazz & Jeans

Saturday, October 5, 2013 4:00-7:00 PM

We will meet on the Steam Ferry Berkeley at the Maritime Museum San Diego

1492 North Harbor Drive, San Diego, CA 92101

Donation:
$65.00 per person

For Information: Geraldine Williams 619.521.0867

Presidio Unit

Save the Date!

February 22, 2014

Luncheon and Chico’s fashion show

Proceeds to benefit Child Life Services
SAVE THE DATE!!!

RCHA SEMI-ANNUAL CELEBRATION

WEDNESDAY NOVEMBER 6, 2013  MARRIOTT - MISSION VALLEY

BOUTIQUE OPENS AT 8:30AM  BREAKFAST/MEETING AT 10:00AM

Don’t miss out on this fabulous event .... as always we will have a great
Boutique with awesome vendors to get you started on your holiday shopping.
Keep your eyes and ears out for further details.