Auxiliary Peacock Gals Win Big
We are kicking off Rady Children’s Hospital Auxiliary’s 63rd year, and have so many new and exciting events in the works. It’s hard to believe that summer is over and we are already in the final quarter of the year. It’s time to get back to work!

As I moved into the Auxiliary office to take on the next two years of Auxiliary leadership, I have had a snapshot of the commitment, enthusiasm and creativity of our Auxiliary membership. We are an energetic mix of women spanning age groups from our Millennials in the Young Professionals’ Unit to our long standing members in the Presidio Unit. We hold careers including doctors, lawyers, business owners, Moms, Grandmas and committed volunteers. All of us very busy ladies united by the understanding of the need to support the health and well-being of our communities’ children. I’m asking you to pull that energy and commitment together and vigorously support all of the Auxiliary Wide events, along with your individual Unit events. Let your commitment to Rady Children’s be a part of each week. Collectively we can make a huge difference in the lives of San Diego’s kids.

Last year we raised over $2,800,000 and were able to give support to almost every department at Rady Children’s. That’s an amazing feat. But no resting on our laurels. We’ve gotta get out and do it again! Please read through this edition of Chaux Talk about all of the exciting events happening this year. Mark your calendars, get out and give your time and support to the Chairs of our innovative unit fund raisers and our Auxiliary wide projects: the FAS Awareness Walk, Tee Off Fore Rady’s Golf Tournament, Week of Giving with Kids’ News Day, and the month long Designer Showcase. These projects cannot succeed without your support. Let’s remember that their success will help continue the fabulous work that the doctors, researchers, nurses and staff do every day at Rady Children’s Hospital. Please offer your volunteer time, attend the events and share all of the Auxiliary Facebook posts.

I look forward to seeing you and celebrating our good works at the Semi Annual meeting the first Tuesday in November. Thanks for all you do! We ARE making a difference.

— Mary Reynolds, President
Rady Children’s Hospital Auxiliary

I’m really excited to be the editor of this year’s Chaux Talk! Please feel free to email/call/text me with any ideas or events that you think our members would support. Please send any events before they occur so we have ample time to plan how to support them. Let’s get ready to work. Remember, it’s all about the kids!

— Lori Moore, Editor
Moore.lori@yahoo.com
(602) 677-4975
Are you aware of the powerful impact that healthy choices have on a developing baby? The Auxiliary helped to spread the word on Friday, September 9, as we celebrated at Liberty Station with our first annual 9 Months Matter! free community event and awareness walk promoting healthy, alcohol-free pregnancy. It was hosted by UCSD Center’s for Better Beginnings in partnership with our Auxiliary and SoCal NOFAS (National Organization on Fetal Alcohol Syndrome). Dr. Ken Jones, UCSD professor and RCH pediatrician, led the event. His pioneering research and work with families across the globe helps to raise awareness. FASD is the nation’s leading known preventable cause of intellectual disabilities and birth defects. It is more common than autism spectrum disorder and is more prevalent than Down Syndrome, Cerebral Palsy, SIDS, Cystic Fibrosis, and Spina Bifida combined! Rady Children’s Hospital is home to an incredibly unique clinic and program for children who have been affected by exposure to alcohol prenatally.

Thank you to all of those that came to this special event, and a very BIG thank you to those of you that volunteered! It was a great success! Mark your calendars for next year, on September 9, when we will once again rally for this very important cause!

— Jan McGowan
Education and Advocacy VP

Advocating for no alcohol during pregnancy

In 1973, when fetal alcohol syndrome was initially described in the United States, it was believed that all children prenatally exposed to alcohol who had been affected by the alcohol had a specific recognizable pattern of defects referred to as fetal alcohol syndrome (FAS). That disorder included growth deficiency, subtle changes in facial development and neurobehavioral impairment.

We now understand that prenatal exposure to alcohol causes a spectrum of defects. At the most severe end of the spectrum is FAS, while at the milder end of the spectrum are alcohol-related neurobehavioral defects. That spectrum of defects is referred to as fetal alcohol spectrum disorders (FASDs). As the primary structure affected by alcohol is the developing fetal brain, the main effect of prenatal alcohol exposure is severe neurobehavioral impairment.

According to the Centers for Disease Control and Prevention, an estimated 2 to 5 percent of children in the United States have an FASD. In one Midwestern community, it has been reported to be 3.6 percent. Although studies in San Diego County are not yet completed, the preliminary data suggest the prevalence to be in the same order of magnitude. To put that figure into perspective, autism spectrum disorder has a lower prevalence rate than FASD, and while the etiology of ASD is elusive, the cause of FASD is definitive.

Given the shocking incidence of FASD in our community as well as the indisputable knowledge of its cause, increased awareness of this disorder is imperative as the best way to prevent it. Tragically, prenatal alcohol exposure can affect a tiny fetus through no fault of his/her own, leading to a child with devastating neurobehavioral problems that result in significant difficulties in school and often troubles with the law. It is important to realize that you can put together all the illicit drugs, including heroin, morphine, methadone, marijuana, methamphetamine and cocaine, and as a group they don’t begin to have anywhere near the deleterious effect of alcohol on the unborn baby. People often ask how much alcohol is safe to drink during pregnancy. All four authoritative bodies on this subject, including the Surgeon General of the United States, the Centers for Disease Control and Prevention, the American Academy of Pediatrics and the American College of Obstetricians and Gynecologists, have stated that no amount of alcohol consumption is safe during pregnancy.

Prenatal exposure to alcohol is the No. 1 cause of intellectual disability in the United States, and it is entirely preventable if a woman does not drink during pregnancy.

— Kenneth Lyons Jones, MD
Distinguished Professor of Pediatrics
UC San Diego School of Medicine and Rady Children’s

No amount of alcohol consumption is safe during pregnancy.
Herders and sheep

It’s time for that scheduled meeting. As a volunteer organization, your attendees represent a wide range of people. There are retirees, stay-at-home parents, executives and philanthropists, among others. What each has in common is a desire to participate and contribute.

There is often an assumption that leaders are the sole factor in how smoothly a meeting runs, but, and I hope you won’t take offense at the analogy, the reality is that they are more often like sheep herders. They are trying to get the group to the destination, but if they become distracted, sheep start to wander, and occasionally there is a particularly adventurous sheep that is simply determined to take its own path, and the herder has to constantly bring it back to the group. Either way, these detours end up making a journey much longer and harder than it needs to be. This is why both LEADERS and ATTENDEES have a responsibility in meeting management.

This two-part article will first address the LEADER role. Read next month’s issue for the ATTENDEE version.

Leaders

The meeting leaders have three critical jobs:

1) DEFINE THE GOALS FOR THE MEETING
2) SET THE TONE
3) ENSURE THE MEETING FUNCTIONS PROPERLY

continued on page 7
Defining meeting goals

Meetings without goals are called parties. Never confuse the two! A meeting could be called for two possible reasons: to share knowledge and/or to make decisions.

If you have good meeting etiquette, then you will already have an agenda. Now you can step up the quality of that agenda by adding goals. Instead of having an agenda item that simply says “review prior meeting action items,” you would add a goal like “identify completed items, items that need additional support and move incompletes to next month.” The objective is for everyone to be able to clearly see and understand WHY each agenda item is valuable and what success will look like during that portion of the meeting. Using the same example, it is often very frustrating for attendees to listen to the prior meeting minutes without an explanation of WHY something is being done. This process might also help you to trim your meeting agenda. If you have an item on the agenda that is purely to “share information,” you could easily convey that information outside of the meeting.

Ensure the meeting functions properly

For any activity, there is a certain level of “getting it done.” These are the nuts and bolts of the meeting. Examples include following the agenda, managing digressions from the agenda, recognizing participants when it is their time to speak and managing them when it is not. The good news is that many of these nuts and bolts can be done by others in attendance, which gives the leader more time to focus on the goals and tone while also providing an opportunity for an attendee to contribute and build leadership skills.

Add an agenda minder (verifies that the agenda is being followed and respected), a timer (ensuring that the meeting starts and stops on time and that milestones are happening), a note taker/secretary (for tracking official notes) and a parking lot attendant (for capturing in a highly visible place all the off agenda items that need to be addressed offline or added to a future agenda).

Set the tone

Will this meeting be a party in disguise or an effective use of everyone’s time? As the leader, you will lay the ground rules, including how people request to speak, when it is appropriate for participation and what type of participation would be welcome or discouraged. Use the Respect Test to validate the tone. The Respect Test is a simple question about how you and others in the meeting are working with each other. Starting meetings late or running over the committed time? Is that respecting the attendees and their time? Allowing an attendee to interrupt another person? Is that creating a respectful dialog in the group? In short, check your behavior and that of others to see if you are being RESPECTFUL. Be clear that meetings are a place of mutual respect and welcome participation that honors the tone.

Summary

We all want to attend well-run meetings. It encourages more participation, and a person that leads these well-oiled meetings is revered. Leverage these tips to go from good leader to great leader and tune in to the next article to learn how to be a better attendee.

Mindful Meetings is a series of articles about getting the most out of your meeting time and building positive relationships with people you work with. These articles are written by Julie Holmes (www.julieholmes.net), a communications expert and strategy advisor.
Booster.com Gene Team

We also had a successful first run with our Booster.com Gene Team T-shirt fundraiser. Lori Moore did a wonderful job organizing and getting the word out. We ordered a few extra, so if you missed the June 30 deadline, please contact me. We hope to do this fundraiser again.

Polo America

Polo America’s inaugural beach polo event at the Hotel del Coronado was an experience to behold. Thank you to Angela Wachtman for taking the lead on this unique event. Thank you to those who attended and to those who volunteered their time to make sure everything ran smoothly.

ASID Designer Showcase

It hasn’t happened in over 10 years, but ASID has decided to hold a Designer Showcase and have asked Rady Children’s Auxiliary to partner with them. Having a month of Home Tours gives us the opportunity to share about all the great work at Rady Children’s and showcase our own Auxiliary! Here’s how it works: In January we will host a “Pre Party” at the selected home where guests will see the house in its original form. From there, designers, each assigned a different space, will decorate the home with new and forward thinking decor. The house will be divided into spaces which might include not only rooms, but closets, hallways, patios, etc. The house is revealed at our “Gala”, which will be held the night before the Showcase opens to the public.

How will this affect you? As Auxilians we will be assigned a room to host and guide guests through. We have about 20 spaces and a month of tours to staff!! It will be a fun and completely new event for us and could be a lucrative fund raiser.

We will know at the Semi Annual meeting if this event is moving forward. Leslie Dupree, one of our esteemed Past Presidents, is chairing the Designer Showcase. We hope she has good news to share!

Tee Up Fore Rady Children’s

Another way to get involved in supporting the endowment is our golf tournament, Tee Up Fore Rady Children’s. We had a great time last year, despite a little drizzle. This is a fun golf scramble; stay tuned for more details coming this fall!

Genomics 201 location update

Stay tuned for Genomics 201. We are hoping to have it in the new Education Office Building, which is opening this fall. We will publicize the date as soon as we can; we’re looking at late fall.

“Thank you to the units that kindly made a donation to the endowment at the end of the year. Your thoughtfulness is appreciated. This is a group effort; every bit counts, and we are well on our way to reaching our goal!”

— Cheryl Steinholt

About Rady Children’s Hospital Auxiliary Endowment for Neuroscience

The Rady Children’s Hospital Auxiliary Endowment for Neuroscience will help change the future of pediatric medicine by bringing together world-class scientists, researchers and clinicians, focusing their talents on preventing, diagnosing, treating and curing neurological diseases through genomics and systems medicine research, including DNA sequencing, bioinformatics, training, education and funding in perpetuity.
Leadership development

Two goals included in the job description for Leadership Development Director are to provide seminars for all auxilians and to seek out and promote individual unit members with special skills to become resources for all auxilians, as we strive to do our best for the patients and families at Rady Children’s.

A fall fundraising event is scheduled on Thursday, Oct. 13, at the San Diego Foundation building at Liberty Station. Auctioneer Steve Hamman will present what he has observed to be best practices for maximizing revenues and hosting a memorable event; check out the Save the Date in this issue. Ways and Means Vice President Sherry Beckhart and I are modeling Auxiliary President Mary Reynold’s theme, “United We Stand,” by co-hosting this event since the topic coincides with our responsibilities.

Regarding the second goal: Do you know someone, or are you the someone, who excels at any one of the numerous volunteer jobs offered through participation in the Auxiliary? We will be tapping into the depth of character, talent and knowledge we see in auxilians and are certain your generosity includes helping other auxilians in our philanthropic endeavors. Plans are still evolving for a tangible way to show “United We Stand,” but it starts with a list of willing colleagues.

— Pam Caldwell

Rady Children’s night at the Padres

Thanks to all who came out for our first-ever Auxiliary Night at Petco Park. We had 400 members, family, friends and loyal Rady Children’s supporters in attendance that night. During the pre-game ceremony, a 30-second video was played on the Padre Jumbotron highlighting Dr. Joseph Gleeson’s work as our Endowed Chair for the Rady Children’s Institute for Genomic Medicine. We were also able to have him introduced on the field along with his patient, Adam Gretler. Cheryl Steinholt, Sherry Beckhart and I rounded out our group on the field. And if that night could not have been any more special for Adam, he got to throw out the honorary first pitch! As a baseball fan himself, he was beaming from ear to ear and received a loud round of applause from the crowd.

From the looks of it, everyone had a great time watching the game, sampling the ballpark food and socializing with other auxilians. It was a great way to introduce this new focus of the Hospital and the Auxiliary to the community. A special thanks to our unit chairs and GLT reps who helped sell tickets within their units. I could not have done it without you! We raised just under $4,000 for our genomics endowment, and it was a great way to kick off our San Diego summer!

—Laura Stearn
Each year we have the opportunity to recognize fellow members, Rady Children’s staff, community leaders and volunteers who have been generous with their time and talents to further our cause. These people not only support the Auxiliary, but also make a significant impact on the Hospital. During the Semi Annual Meeting, we have the chance to show our appreciation to these special people. Please check the Members-Only Library on the website for nomination forms and stipulations for each award. Your unit chair will also be receiving award information through Unit Council. Deadline for nominations is Wednesday, Oct. 12, 2016. Please email to: cheryl.steinholt@gmail.com

Or call: (858) 442-6272

With any questions. I look forward to seeing you at the Semi Annual Meeting!

— Cheryl Steinholt
Immediate Past President

Spreading the news: how to promote our events

Many community newspapers accept quality photographs in the form of high-resolution jogs. Remember to list names of people in the photo from left to right. At the bottom of your release, type “###” to show the copy has ended. Encourage followers on Facebook, Twitter, Instagram and Pinterest:

Facebook - Rady Children’s Hospital Auxiliary
Twitter - @RadyAuxiliary
Instagram - RadyAuxiliary
Pinterest - RCHAuxiliary

Ways and Means handbooks are a great place to start if you need assistance in preparing a press release. Check out the Members-Only Library for sample press releases at: http://helpsdkids.org/auxiliary/members-only-library/media/publicity-documents/media/publicity-documents

SPREAD THE GOOD NEWS!
— Annette Fargo, Public Relations Director

www.weekofgiving.org

Nominate your favorite shining star by Wednesday, October 12

Shining stars

Nominate your favorite shining star by Wednesday, October 12

AWARD CATEGORIES

Distinguished Service Award
An Auxiliary member who has shown exemplary service, outstanding accomplishments and continued support beyond the unit level.

Honorary Member Award
A member of the community who has given outstanding service to Rady Children’s and has demonstrated support and friendship to the Auxiliary.

Kite Award
An organization, representative of an organization or individual who has an active collaboration and partnership with Rady Children’s Hospital Auxiliary and has given transformative support through the gift of time, talent and treasure and has innovative Auxiliary-wide engagement resulting in increased visibility and community awareness.

Very Special Person Award
A member of Rady Children’s staff who has demonstrated outstanding support and friendship to Rady Children’s Hospital Auxiliary.

Week of giving
MORE TO COME! GET EXCITED!
weekofgiving.org for more info!

Heard ye, read all about Rady Children’s Hospital Auxiliary! The fall is a busy time for the Auxiliary, as many units are in the midst of recruiting new members and preparing for their annual fundraisers. This is a great time to promote the Auxiliary and all of the good things we do.

It is important to promote our events in as many ways as possible. Some things to remember about what makes them “news” are timeliness, significance, emotional appeal, unique proximity and prominence.

There are many avenues available to promote your event, but the most used is the press release. Some useful hints when preparing a release include:

1. WRITE A STRONG LEAD
2. USE THE INVERTED PYRAMID: PUT THE MOST IMPORTANT FACTS FIRST
3. ANSWER WHO, WHAT, WHEN, WHERE, WHY AND HOW
4. WRITE YOUR OWN HEADLINE

— Cheryl Steinholt
Immediate Past President
Bonita Unit

The Bonita Unit was proud to present the 4th Annual Wine Auction on July 23 at Dana Hartman’s house. The event brought together wine aficionados and amateurs to experience and learn about various wines. Each wine available for tasting was also available for purchase, allowing bidders to preview their options. Lori Moore served as the event’s emcee and auctioneer while Pam Carlson rallied the bidders with additional tastings. Along with the wines, guests had the opportunity to bid on silent and live auction items, as well as visit several vendors. The event has grown steadily over the past four years, topping 130 attendees this year! As the event grows, so does the wine and item selection. We can’t wait to see what next year’s event will have to offer! Proceeds from this in-unit event are used to fund the Annual Luncheon Auction by the Bay. The Annual Luncheon Auction by the Bay will be held Saturday, Nov. 5, 2016, at the San Diego Marriott Marquis and Marina. The event will be co-chaired by Dana Hartman and Anita Seth, and benefit the Peckham Center for Cancer and Blood Disorders. The details are already falling into place. The Bonita Unit looks forward to welcoming all attendees and providing a great atmosphere for socializing and shopping! The first round of Save-the-Date cards has been mailed out and registration will be opening soon. If you would like to attend, please contact Kim Gorman at kbgorman4@gmail.com.

Dana Unit

With the theme “Look Good, Feel Good, Do Good,” the Dana Unit hosted two summer fundraisers for the Rady Children’s Institute for Genomic Medicine. The first was a Deep Stretch Yoga class for both yogis and non-yogis, hosted by Yoga Six in Liberty Station. Wine and light appetizers were served, and Dana Unit members who invited guests received a bonus goodie bag containing Ann Desmond’s famous lemon bars. The second fundraiser was Makeup by Meleah Nelson, a skin care and makeup presentation for ladies in our age range. Friend of Dana Unit Frani Smith hosted the event, which featured champagne, chocolate martinis and a table laden with chocolate deliciousness. Once again, Ann provided lemon bars for Dana Unit members who invited guests. On a somber note, we sent condolences to Dana Unit member Debbi Greaves on the passing of her mother-in-law, Ralpheine Greaves. Ralpheine was a long-time auxilian and member of the Bayview Unit. She received numerous awards for her dedicated service to the children of San Diego through her Auxiliary work, and Debbi carries on in the same tradition.

Del Cerro Unit

How to live happy, creative and fulfilled lives is deeply personal for each of us. I believe that making a commitment to serving the greater community can contribute to this well-being. For those of us in the Del Cerro Unit, and certainly in other Auxiliary units, we take our mission very seriously. Children need vocal advocates. We advocate for a brighter future for all children, one in which each child is given the opportunity to reach his or her full potential. It is through our fundraising efforts, whether it be a Pampered Chef Party, Christmas Auction, Jewelry Soiree or Butter Braid Bazaar, that we find the success in achieving our goals. Securing lifelong friendships is certainly a wonderful by-product of the experience! It’s almost September, and you know what that means: Our Fall Fantasy is fast approaching, and we are in full swing designing, cutting, developing, stitching, gluing and painting all sorts of extraordinary pieces that we will display, once again, at the Doubletree by Hilton on Oct. 29. Please join us for all the fun! I have to give props to those dedicated and gracious ladies who helped lay the foundation for an amazing organization. These members continue to guide us, offer insightful direction and lead by example. Their 20-plus years of service in the Del Cerro Unit continue to inspire us. I look to them to help me set my priorities, to not get caught up in the minutiae, to focus on the bigger picture and most importantly, continued on page 17.
Del Mar Unit

To keep the spirit alive of Hats Off to Children, an event previously hosted by the Del Mar Unit, members gathered “where the surf meets the turf” for opening day at the races, and they had good fun finding the perfect hat.

Mary Reynolds, our new Auxiliary president, was the big winner of the day, and she hopes the same success carries over to this Auxiliary year to fund much-needed programs and the Auxiliary’s endowment fund.

In September, we traded in our heels in for athletic shoes and walked in the Nine Months Matter Walkfest at Liberty Station. We look forward to attending many of the units’ events this year and supporting fundraisers that benefit the Endowment for Neurosciences.

La Jolla Unit

The La Jolla unit finished out the year with a beach-themed booth at Celebration of Champions, a June birthday party at the Bernardy Center and a fun evening at the Auxiliary Annual Meeting.

Mountain View Unit

Our first meeting in September was all about planning for the upcoming events in 2016-2017. Our unit chair, Shyla Coyle introduced our unit’s new website: rchamtview.com. The website has given our unit a place to promote the Mt. View Unit’s activities to the community and to our members. We discussed plans for the Rady Children’s Family Walk at Sea World, the new plans for Kids’ News Day, our big fundraiser, Boot Scootin’ Bunco in the spring and some other ideas for fundraising to help with our unit’s operating funds.

Scootin’ Bunco is the spring and some other ideas for fundraising to help with our unit’s operating funds.

One of the fundraisers will be a performance at Off Broadway Live Theater in Santee, California. The show “Decades: A 70’s Musical Review” will be on October 29th at 7:30. Tickets are $29 each or $34 continued on page 19

La Playa Unit

It was all hands on deck when the La Playa Auxiliary celebrated its 21st Celebration of Champions on Saturday, May 21 at the Embarcadero Marina Park. This year we had nearly 400 champions participate and two presenting sponsors. Together we raised over $500,000 for the Peckham Center for Cancer and Blood Disorders. The La Playa Unit would like to thank all of the Auxiliaries who participated and helped to make this annual event fun for the children and their families.

A friend of some of our members sent a sweet email the day after Celebration of Champions. She let us know how much Celebration of Champions means to her family. Her husband and daughter attended the very first Celebration of Champions 21 years ago. Although their daughter passed away before attending another, the picture they have of her at Celebration of Champions is of pure joy, with both her feet off the ground. Their family continues to attend Celebration of Champions every year. The email said that our unit provides gifts and memories that last a lifetime. She thanked us from the bottom of her heart for Celebration of Champions.

The La Playa Unit also celebrated our end of year meeting at the Southwestern Yacht Club where we honored members for their milestone years of service and inducted our new 2016/2017 Board.

52 promising weeks – 12 transformative months – full of opportunities to do something to help someone else. Let us, therefore, continue with our deep and abiding commitment to improve the outcome for all children and their families.

Happy Fall!
for elevated seats which includes 2 drinks and a snack. The Mt. View Unit sponsors the night of October 29th and a portion of the sales will go to our unit for operating expenses. For reservations please call the box office directly: (619) 988-5483. Any questions contact Sharla Coyle at blazenpm@cox.net.

One of our goals for the year is to increase our membership. Our website has been instrumental in achieving this goal. We are expecting to welcome new members this fall to our unit.

Our Mountain View Unit continues to support our Bernardy Center child. We look forward to holiday decorating at Rady Children’s, helping with their Clothes Closet, supporting Fantasy on Ice and planning other activities within our unit as well as supporting our Healing Arts program through our member, BarbaraBernardi.

We are off and running and looking forward to another great year!

Rancho Bernardo Unit

The ocean tides have brought back the Rancho Bernardo Unit’s fishing booth at the Celebration of Champions held in May. Thanks to Jacque Calac, Tammy Young, Jaime Neppl, Marcia Clingman and Jackie Schleoder, the kids were able to enjoy fishing for fun prizes after the conclusion of the races.

Laughter and quality social time was had by all as Tammy and Steve Young hosted the end of season party at their beautiful home and newly remodeled kitchen in Westwood. Members and their significant others feasted on a pot luck dinner while viewing a gorgeous San Diego sunset evening.

In June a night of team building and fundraising was experienced at Dream Dinners in Poway where members gathered to assemble pre-packaged home-made meals for future consumption. Everyone had a good time preparing their choices and all gave a thumbs up to the meals they cooked and ate later at home. Through this simple group event, over $300 was raised for our general fund.

Pre-orders for Holiday Poinsettias will begin mid-September. Please consider Rady Children’s Hospital when decorating or giving poinsettias as a business or personal gift this Holiday Season. Contact Tammy Young for more information at (858) 395-5777.

Scripps Ranch Unit

Scripps Ranch celebrated the end of the year at the beautiful Poway home of Jan McGowan. Karin Whiteley organized a wonderful evening to say thank you to outgoing Chair, Michele Fisher and welcome our new Chair, Dana Walters! We had delicious Mexican food catered by The Taco Guy. We all wore “summer blues” and Arnel Garcia took our group photo.

We kept involved over the summer with the Scripps Ranch Community Fair, where we had a popular booth with a prize wheel advocating for helmet safety. We had great fun at Auxiliary Night at Petco Park and Polo America’s Beach Polo at the Hotel Del, both benefiting the Auxiliary’s Endowment for Neuroscience.

We are excited to announce our craft brewery tour event, Cheers to Rady Children’s! on Sunday, October 23rd, 2016, from 1:30 pm-5:30 pm. Our Ways & Means team, Kathy Steinhauser, YvetteGilman, Carol Schilder and Karin Whiteley, have been working over the summer to put together a fun afternoon of great beer, great food and lots of fun! We hope you will join us. Contact Kathy for more information: ksteinhauser@gmail.com.

We look forward to seeing our fellow members and friends at the Semi Annual Meeting!

Tierrasanta Unit

The Tierrasanta Unit will have had a special party when this Chaux Talk is delivered. On September 17, we celebrated our unit’s 40th anniversary/reunion of dedicated service to Rady Children’s Hospital. All past members, spouses, and prospective members were invited to join this celebration. We enjoyed looking at our scrapbooks and many of our old photos.

Speaking of photos, this one still has us laughing! We enjoyed our tour of the operating room and dressing for the part. Save the date! Our annual fundraiser, Breakfast with Santa, is December 3. To buy your tickets now, go to http://www.rchatier-rasanta.com/breakfast-with-santa.html and select the holiday auction link. The same link will display auction items as they are added in October and November.
Save the date!

**FUNDRAISING EVENT SEMINAR**

**TOPICS TO BE COVERED:**
- Types of events
- Guest experience
- Silent and live auction
- Opportunity drawings
- Direct giving/paddle raise
- Procuring auction items

**Presented by Steve Hamann, Auctioneer Extraordinaire**
Thursday, October 13, 9:00 am - Noon
San Diego Foundation Building in Liberty Station

**FOR MORE INFORMATION CONTACT:**
Leadership Development Director, Pam Caldwell
pbcaldwell@cox.net  (619) 224-6494
Ways and Means VP, Sherry Beckhart
Beckhart.sherry@gmail.com  (619) 475-3637

**CRAFT BREW TOUR: GET ON BOARD!**

**ALL PROCEEDS BENEFIT:**
Rady Children’s Hospital - San Diego

**Presented by Scripps Ranch Unit**
Sunday, October 23, 2016
1:00 pm - 5:00 pm

**FOR MORE INFORMATION CONTACT:**
Kathy Steinhouse at ksteinhouse@gmail.com or
Yvette Gilman at miss.priss@att.net

**DECADES: A 70’S MUSICAL REVIEW**

**TICKETS:** $29 EACH:
ELEVATED SEATS $34
EACH FOR TABLE OF 4

**Presented by Mountain View Unit**
Saturday, October 29, 7:30 pm
Off Broadway Live, 9490 Cuyamaca St., Santee

**RESERVE YOUR SEAT**
Box office: (619) 988-5483

**FOR MORE INFORMATION CONTACT:**
Shara Coyle at blazenpm@cox.net

**WINTER WONDERLAND’S AWESOME LIGHTS**

**AUTISM AWARENESS:**
All proceeds benefit Rady Children’s Hospital Autism Discovery Institute

**Presented by RCHA North County Unit**
Saturday, December 3, 2016
California Center for the Arts, Escondido

**BREAKFAST WITH SANTA**

**TICKETS:** $16 EACH:
Online auction
Opportunity drawing
Photos with Santa
Crafts
Breakfast with Santa

**Presented by Tierrasanta Unit**
Saturday, December 3, 9:30 - 11:30 am
11292 Clairemont Mesa Blvd, Tierrasanta

**FOR MORE INFORMATION CONTACT:**
Marsha Bouman at (858) 243-5254

**TEE UP FORE 6TH ANNUAL GOLF TOURNAMENT**

**FEATURING:**
18-hole scramble tournament format
“Longest Drive” and “Closest to the Pin” contests
Golfer tee gifts
Spectacular hole-in-one prizes, including luxury automobiles
Opportunity drawings
Buffet lunch with tasting stations
Cocktail hour
Gourmet dinner

**CALLING ALL GOLF ENTHUSIASTS…PLAY A ROUND “FORE” KIDS AT RADY CHILDREN’S HOSPITAL-SAN DIEGO!**
Join us for a day on the greens, and enjoy fabulous dining, exclusive prizes, opportunity drawings, music and more. Non-golfers are also encouraged to join us for the dinner reception.

**Benefiting the Rady Children’s Hospital**
Date: TBD in January of 2017
Price: $350 per person | $1,200 per foursome
Sponsorship opportunities are available starting at $500
Don’t miss out on your chance to help Rady Children’s Hospital.
Auxiliary change the future of pediatric medicine for generations to come!

**FOR MORE INFORMATION CONTACT:**
Mary Reynolds at (858) 699-8089 or mreynolds@rchsd.org.
WAYS AND MEANS CALENDAR

OCTOBER

FUNDRAISING EVENT SEMINAR
October 13, 2016
9:00 A.M. – 12:00 A.M.
S.D. Foundation Building
Liberty Station,
San Diego, CA

Pam Caldwell:
pbcaldwell@cox.net
(619) 224-6494
Sherry Beckhart:
Beckhart.sherry@gmail.com
(619) 475-373

SCRIPPS RANCH: CRAFT BREWERY TOUR
October 23, 2016
1:30 P.M. – 5:30 P.M.
Ksteinhause@gmail.com
(858) 204-3703

DEL CERRO: A FALL FANTASY
October 29, 2016
9:30 A.M. – 1:30 P.M.
Hilton Double Tree
7405 Hazard Center Drive,
San Diego, CA

Jean Buck:
Jeansbuck@sbcglobal.net
(858) 414-4817
$60.00

MOUNTAIN VIEW: DECADES: A 70’S MUSICAL REVIEW
October 29, 2016
7:30 P.M.
Off Broadway Live
9400 Cuyamaca St.,
Santee, CA

Call Box Office:
(619) 988-5483
$29.00 Individual
$34.00 Elevated Seats (table for 4)
Sharla Coyle:
blazenpm@cox.net

NOVEMBER

BONITA: 28TH ANNUAL LUNCHEON AND AUCTION BY THE BAY
November 5, 2016
10:00 A.M. – 2:00 P.M.
Marriott Marquis & Marina
333 W. Harbor Drive,
San Diego, CA

Kim Gorman:
kbgorman@cox.net
(619) 972-0293
$75.00

ALPINE: CORNUCOPIA FLORAL DESIGN CLASS
November 19, 2016
9:30 A.M. – 3:00 P.M.
El Capitan High School
10410 Ashood St.,
Lakeside, CA

Angela Wachtman:
awachtmann@hotmail.com
(619) 507-1686
$65.00

CORONADO: TURKEY TROT
November 24, 2016
Tidelands Park
2000 Mullinex Dr,
Coronado, CA

DECEMBER

NORTH COUNTY: WINTER WONDERLAND’S AWESOME LIGHTS
December 3, 2016
California Center for Arts
340 N Escondido Blvd,
Escondido, CA

TIERRASANTA: BREAKFAST WITH SANTA
December 3, 2016
9:30 A.M. – 11:30 A.M.
11292 Clairemont Mesa Blvd.,
Tierrasanta, CA

JANUARY 2017

RCHA: 6TH ANNUAL GOLF TOURNAMENT
TBD in January.

RCHA: WEEK OF GIVING
January 23 – 31, 2017